H.P.Police

FORM OF RECRUITMENT FOR CONSTABLE

		culars of Candidate)				Chest No		
1	Name		(1 41 41	cului 5 (
2	Father's Name						ł	
3	Permanent Home Address						ł	
5	remainent Home Address							Latest passport size
								photograph of the
4	Present Address							candidates
5	Mark of Identification						ł	
6	Whether SC/ST/OBC/IRDP	/ Wards of Free	dom					
-	Fighter/ Distinguished Spor							
7	Date of birth (As per Middle							
	(i) In figures:							
	(ii) In words							
	(iii) Age as on 1-8-20)05			Years	Mo	nths	days
8	Educational Qualification							
9	Knowledge of typing, short							
10	Whether in possession of dr	iving licence. If	so,					
	light of heavy or both.							
11	Whether Bonafide Himachali			Yes/N	lo			
12	Details of previous employr							
	Home Gurards. Number of years in Home Guards							ds
13	Name of Employment Exch	ange	Reg	gistratio	n Number			
14	Have you ever been arrested	d/involved in a c	riminal					
	case? If yes, give details.							
	I certify that above details a							
	the recruitment for police of	constables this y	vear in a	ny fact	will make	me li	able for	disqualification and legal
	action at any stage.							
	Dated	LTI of candidate						Signature of candidate
						0		
	(P	hysical Measure	ments)					
(a)	Chest Measurement	Category	Qualif	ying	Actual	Ph	ysical d	eformity, if any. rendering
		General/OBC	31"x32	2"		ca	ndidate 1	nedically unfit.
		SC/ST	29"x30)				
(b)	Height Measurement	General/OBC	5'-6"					
		SC/St	5'-4"			Si	gnature o	of the Medical officer
	Mark for Height	Minimum	Marks					
		marks	awarde	ed				
1)	5'7" but less than 5'-8"	1			ļ			
2)	5'8" but less than 5'-9"	2			ļ		1	
3)	5'9" but less than 5'-10"	3			-		· · · · ·	ignation and signature of
4)	5'10" but less than 5'-11"	4						who supervised the
5)	5'11" and above	5					easureme arks.	ent and awarded the

Physical Efficiency Test (Total Marks=25)

	Item	Grading of Marks				Item	Grading of Marks					
		Time	Marks	Marks			Time	Marks	Marks			
				awarded					awarded			
1	100 meters	14 Seconds	2		2	800 meters Race.	2.45 Minutes	2				
	Race.	13.5 Seconds	2 1/2			Minimum	2.40 Minutes	2 1/2				
	Minimum	13 Seconds	3		_	qualifying time. 2 Minutes	2.35 Minutes	3				
	qualifying time 14 seconds.	12.5 Seconds	3 1/2		_	45 Seconds.	2.30 Minutes	3 1/2				
	(only one	12 Seconds	4		_	(only one	2.25 Minutes	4				
	attempt is	11.5Seconds	5		-	attempt is	2.20 Minutes	4 ¹ / ₂ 5				
	allowed).					allowed).	2.15 Minutes	3				
	Total Marks-5	Name and sigr Who awarded		ture of the officer. ne marks.		Total Marks-5	Name and signature of the officer. Who awarded the marks.					
3	High Jump.	Height	Marks	Marks	4	Broad jump 4	Distance	Marks				
	1.25 Metres (_		awarded		Metres			Marks			
	Maximum three	1.25 Mature	2.1/		_	(Maximum three	A Mature a	2	awarded			
	attempts at each	1.25 Metres	2 1/2		-	attempts are	4 Metres	2				
	level are	1.30 Metres	$\frac{3}{3\frac{1}{2}}$		-	allowed)	4.20 Metres 4.41 Metres	3				
	allowed)	1.35 Metres	4		-		4.41 Metres 4.60 Metres	5				
	Tetal Masley 5	1.40 Metres	4 1/2		-	Total Marks-5	4.00 Metres	5				
	Total Marks-5	1.43 Metres	5		-							
		1.50 Metres	5									
	Name and signature	of the officer, wh	o awarded the	marks		Name and signature of the officer, who awarded the marks						
5												
	Shot Put 7.275 Kgs. 5 metres (Maximum three					TOTAL MARKS (FOR			
	attempts are allo	attempts are allowed) Total Marks=5					HEIGHT AND PHYSICAL EFFICIENCY =					
	Grading of Marks					PART-III MARKS FOR PARTICIPATION IN N.C.C AND						
					т	MADIZG FOD DA	DTICIDATION					
	Distance	Marks	Marks awa	rded	Ι			N IN N.C.C	C AND			
	Distance 5 Metres			rded	I	MARKS FOR PA SPORTS (Maxin		Marks	C AND Marks			
				rded	Ι							
				rded	I 		num 5 Marks)		Marks			
	5 Metres	Marks		rded		SPORTS (Maxin N.C.C. "C" Cetriff N.C.C. "B" Certiff	num 5 Marks) cate cate/s.S.B.	Marks	Marks			
	5 Metres 5 Metres 5.50 Metres	Marks 2 2 1/2		rded	a.	SPORTS (Maxin N.C.C. "C" Cetriff N.C.C. "B" Certiff training Certificate	cate cate/s.S.B.	Marks 2 1	Marks			
	5 Metres 5 Metres 5.50 Metres 6 Metres	Marks 2 2 2 ¹ / ₂ 3		rded	a. b	SPORTS (Maxim N.C.C. "C" Cetriff N.C.C. "B" Certiff training Certificate National level Cer	cate cate/s.S.B.	Marks 2 1 3	Marks			
	5 Metres 5 Metres 5.50 Metres 6 Metres 6.50 Metres	Marks 2 2 1/2 3 3 1/2		rded	a. b	SPORTS (Maxin N.C.C. "C" Cetriff N.C.C. "B" Certiff training Certificate	cate cate/s.S.B.	Marks 2 1	Marks			
	5 Metres 5 Metres 5.50 Metres 6 Metres 6.50 Metres 7 Metres	Marks 2 2 1/2 3 3 1/2 4		rded	a. b	SPORTS (Maxim N.C.C. "C" Cetriff N.C.C. "B" Certiff training Certificate National level Cer	cate cate/s.S.B.	Marks 2 1 3	Marks			
	5 Metres 5 Metres 5.50 Metres 6 Metres 6.50 Metres 7 Metres 7.50 Metres	Marks 2 2 2 1/2 3 3 1/2 4 4 1/2		rded	a. b	SPORTS (Maxim N.C.C. "C" Cetriff N.C.C. "B" Certiff training Certificate National level Cer	cate cate/s.S.B.	Marks 2 1 3	Marks			
	5 Metres 5 Metres 5.50 Metres 6 Metres 6.50 Metres 7 Metres	Marks 2 2 1/2 3 3 1/2 4		rded	a. b	SPORTS (Maxim N.C.C. "C" Cetriff N.C.C. "B" Certiff training Certificate National level Cer	cate cate/s.S.B.	Marks 2 1 3	Marks			
	5 Metres 5 Metres 5.50 Metres 6 Metres 6.50 Metres 7 Metres 7.50 Metres	Marks 2 2 2 1/2 3 3 1/2 4 4 1/2		rded	a. b	SPORTS (Maxin N.C.C. "C" Cetriff N.C.C. "B" Certiff training Certificate National level Cer State level sportsm	cate cate/s.S.B. cate/s.S.B.	Marks 2 1 3 1	Marks awarded			
Nar	5 Metres 5 Metres 5.50 Metres 6 Metres 6.50 Metres 7 Metres 7.50 Metres	Marks 2 2 1/2 3 3 1/2 4 4 1/2 5	Marks awa		a. b	SPORTS (Maxim N.C.C. "C" Cetriff N.C.C. "B" Certiff training Certificate National level Cer	cate cate/s.S.B. cate/s.S.B.	Marks 2 1 3 1	Marks awarded			
Nar	5 Metres 5 Metres 5.50 Metres 6 Metres 6.50 Metres 7 Metres 7.50 Metres 8 Metres	Marks $ \begin{array}{c c} 2 \\ 2 \\ 2 \\ 3 \\ 3 \\ 4 \\ 4 \\ 4 \\ 5 \\ \begin{array}{c} 4 \\ 4 \\ 5 \\ \end{array} $ ne officer, who aw	Marks awa		a. b d	SPORTS (Maxin N.C.C. "C" Cetriff N.C.C. "B" Certiff training Certificate National level Cer State level sportsm	num 5 Marks)	Marks 2 1 3 1	Marks awarded			
II	5 Metres 5 Metres 5.50 Metres 6 Metres 6.50 Metres 7 Metres 7 Metres 8 Metres 8 Metres me and signature of the Marks for educati	Marks $ \begin{array}{c c} 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 4 \\ 4 \\ 4 \\ 5 \\ \hline e officer, who aw onal qualification $	Marks awa	ks n 10 Marks	a. b d	SPORTS (Maxin N.C.C. "C" Cetriff N.C.C. "B" Certiff training Certificate National level Cer State level sportsm	num 5 Marks)	Marks 2 1 3 1 awarded th	Marks awarded			
II	5 Metres 5 Metres 5.50 Metres 6 Metres 6.50 Metres 7 Metres 7 Metres 8 Metres 8 Metres	Marks $ \begin{array}{c c} 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 4 \\ 4 \\ 4 \\ 5 \\ \hline e officer, who aw onal qualification $	Marks awa	ks n 10 Marks and educat	a. b d	SPORTS (Maxin N.C.C. "C" Cetriff N.C.C. "B" Certiff training Certificate National level Cer State level sportsm	num 5 Marks)	Marks 2 1 3 1 awarded th	Marks awarded			
II	5 Metres 5 Metres 5.50 Metres 6 Metres 6.50 Metres 7 Metres 7 Metres 8 Metres 8 Metres me and signature of the Marks for education tal marks obtained in	Marks 2 2 $\frac{1}{2}$ 3 3 $\frac{1}{2}$ 4 4 $\frac{1}{2}$ 5 ne officer, who awonal qualification in Part=III i.e. for	Marks awa	ks n 10 Marks and educat PAR	a. b d	SPORTS (Maxin N.C.C. "C" Cetriff N.C.C. "B" Certiff training Certificate National level Cer State level sportsm Name and signature qualification=	num 5 Marks)	Marks 2 1 3 1 awarded th	Marks awarded			
II Tot I	5 Metres 5 Metres 5.50 Metres 6 Metres 6.50 Metres 7 Metres 7 Metres 8 Metres 8 Metres me and signature of the Marks for education tal marks obtained in Written test 45 M	Marks $ \begin{array}{c c} 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 4 \\ 4 \\ 4 \\ 5 \\ \hline e officer, who aw onal qualification of the second se$	Marks awa	ks n 10 Marks and educat PAR	a. b d	SPORTS (Maxin N.C.C. "C" Cetriff N.C.C. "B" Certiff training Certificate National level Cer State level sportsm Name and signature qualification=	num 5 Marks)	Marks 2 1 3 1 awarded th	Marks awarded			
II	5 Metres 5 Metres 5.50 Metres 6 Metres 6.50 Metres 7 Metres 7 Metres 8 Metres 8 Metres me and signature of the Marks for education tal marks obtained in	Marks $ \begin{array}{c c} 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 4 \\ 4 \\ 4 \\ 5 \\ \hline e officer, who aw onal qualification of the second se$	Marks awa	ks n 10 Marks and educat PAR	a. b d	SPORTS (Maxin N.C.C. "C" Cetriff N.C.C. "B" Certiff training Certificate National level Cer State level sportsm Name and signature qualification=	num 5 Marks)	Marks 2 1 3 1 awarded th	Marks awarded			
II Tot I ii	5 Metres 5 Metres 5.50 Metres 6 Metres 6 Metres 7 Metres 7 Metres 7 Metres 8 Metres me and signature of the Marks for education tal marks obtained in Written test 45 M Personal Interview	Marks2 $2^{1/2}$ 3 $3^{1/2}$ 4 $4^{1/2}$ 5a onal qualificationan Part=III i.e. forinutesw	Marks awa arded the marl n (maximun or certificates Total marl 40 Marks 15 marks	ks n 10 Marks and educat PAR' ks	a. b d	SPORTS (Maxin N.C.C. "C" Cetriff N.C.C. "B" Certiff training Certificate National level Cer State level sportsm Name and signature qualification=	num 5 Marks)	Marks 2 1 3 1 awarded th	Marks awarded			
II Tot I ii	5 Metres 5 Metres 5.50 Metres 6 Metres 6 Metres 7 Metres 7 Metres 8 Metres 8 Metres me and signature of the Marks for educating tal marks obtained in Written test 45 M Personal Interview and Total (i.e. man	Marks 2 2 $\frac{1}{2}$ 3 $\frac{1}{2}$ 4 $\frac{1}{2}$ 5 ne officer, who aw onal qualification in Part=III i.e. for inutes w	Marks awa arded the mark n (maximun or certificates Total mark 40 Marks 15 marks Part-II to IV	ks n 10 Marks and educat PAR ks	a. b d ional T-IV	SPORTS (Maxin N.C.C. "C" Cetriff N.C.C. "B" Certiff training Certificate National level Cer State level sportsm Name and signature	num 5 Marks) cate cate cate/s.S.B. tificate nan of the officer, who Marks Marks	Marks 2 1 3 1 awarded th	Marks awarded			
II Tot I ii Gr	5 Metres 5 Metres 5.50 Metres 6 Metres 6 Metres 7 Metres 7 Metres 8 Metres 8 Metres me and signature of the Marks for educating tal marks obtained in Written test 45 M Personal Interview and Total (i.e. man	Marks 2 2 $\frac{1}{2}$ 3 $\frac{1}{2}$ 4 $\frac{1}{2}$ 5 ne officer, who aw onal qualification in Part=III i.e. for inutes w	Marks awa arded the mark n (maximun or certificates Total mark 40 Marks 15 marks Part-II to IV	ks n 10 Marks and educat PAR ks	a. b d ional T-IV	SPORTS (Maxin N.C.C. "C" Cetriff N.C.C. "B" Certiff training Certificate National level Cer State level sportsm Name and signature qualification=	num 5 Marks) cate cate cate/s.S.B. tifficate nan of the officer, who Marks Marks Marks obtained nitment Board	Marks 2 1 3 1 awarded th awarded=	Marks awarded			
II Tot I ii Gr 1	5 Metres 5 Metres 5.50 Metres 6 Metres 6 Metres 7 Metres 7 Metres 8 Metres 8 Metres me and signature of the Marks for educating tal marks obtained in Written test 45 M Personal Interview and Total (i.e. man	Marks 2 2 $\frac{1}{2}$ 3 $\frac{1}{2}$ 4 $\frac{1}{2}$ 5 ne officer, who aw onal qualification in Part=III i.e. for inutes w	Marks awa arded the mark n (maximun or certificates Total mark 40 Marks 15 marks Part-II to IV	ks n 10 Marks and educat PAR ks	a. b d ional T-IV	SPORTS (Maxin N.C.C. "C" Cetriff N.C.C. "B" Certiff training Certificate National level Cer State level sportsm Name and signature qualification=	num 5 Marks) cate cate cate/s.S.B. tifficate nan of the officer, who Marks Marks Marks obtained nitment Board	Marks 2 1 3 1 awarded th	Marks awarded			
II Tot I ii Gr 1 2	5 Metres 5 Metres 5.50 Metres 6 Metres 6 Metres 7 Metres 7 Metres 8 Metres 8 Metres me and signature of the Marks for educating tal marks obtained in Written test 45 M Personal Interview and Total (i.e. man	Marks 2 2 $\frac{1}{2}$ 3 $\frac{1}{2}$ 4 $\frac{1}{2}$ 5 ne officer, who aw onal qualification in Part=III i.e. for inutes w	Marks awa arded the mark n (maximun or certificates Total mark 40 Marks 15 marks Part-II to IV	ks n 10 Marks and educat PAR ks	a. b d ional T-IV	SPORTS (Maxin N.C.C. "C" Cetriff N.C.C. "B" Certiff training Certificate National level Cer State level sportsm qualification=	num 5 Marks) cate cate cate/s.S.B. tifficate nan of the officer, who Marks Marks Marks obtained nitment Board	Marks 2 1 3 1 awarded th awarded=	Marks awarded			
II Tot I ii Gr 1	5 Metres 5 Metres 5.50 Metres 6 Metres 6 Metres 7 Metres 7 Metres 8 Metres 8 Metres me and signature of the Marks for educating tal marks obtained in Written test 45 M Personal Interview and Total (i.e. man	Marks 2 2 $\frac{1}{2}$ 3 $\frac{1}{2}$ 4 $\frac{1}{2}$ 5 ne officer, who aw onal qualification in Part=III i.e. for inutes w	Marks awa arded the mark n (maximun or certificates Total mark 40 Marks 15 marks Part-II to IV	ks n 10 Marks and educat PAR ks	a. b d ional T-IV	SPORTS (Maxin N.C.C. "C" Cetriff N.C.C. "B" Certiff training Certificate National level Cer State level sportsm Name and signature qualification=	num 5 Marks) cate cate cate/s.S.B. tifficate nan of the officer, who Marks Marks Marks obtained nitment Board	Marks 2 1 3 1 awarded th awarded=	Marks awarded			