

## FORM OF RECRUITMENT FOR CONSTABLE

PART-1  
(Particulars of Candidate)

Chest No. \_\_\_\_\_

1	Name				Latest passport size photograph of the candidates
2	Father's Name				
3	Permanent Home Address				
4	Present Address				
5	Mark of Identification				
6	Whether SC/ST/OBC/IRDP/ Wards of Freedom Fighter/ Distinguished Sportsman/ Home Guards.				
7	Date of birth (As per Middle/Matric Certificate): (i) In figures: (ii) In words (iii) Age as on 1-8-2005				
		Years	Months	days	
8	Educational Qualification				
9	Knowledge of typing, shorthand, computer etc.				
10	Whether in possession of driving licence. If so, light of heavy or both.				
11	Whether Bonafide Himachali	Yes/No			
12	Details of previous employment including that in Home Gurards.	Number of years in Home Guards _____			
13	Name of Employment Exchange _____	Registration Number _____			
14	Have you ever been arrested/involved in a criminal case? If yes, give details.				
I certify that above details are correct to the best of my knowledge and belief and that I have not appeared for the recruitment for police constables this year in any fact will make me liable for disqualification and legal action at any stage.					
Dated _____		LTI of candidate _____		Signature of candidate _____	
PART-II (Physical Measurements)					
(a)	Chest Measurement	Category	Qualifying	Actual	Physical deformity, if any. rendering candidate medically unfit.
		General/OBC	31"x32"		
		SC/ST	29"x30"		Signature of the Medical officer
(b)	Height Measurement	General/OBC	5'-6"		
		SC/St	5'-4"		
	Mark for Height	Minimum marks	Marks awarded		Name, designation and signature of officer who supervised the measurement and awarded the marks.
1)	5'7" but less than 5'-8"	1			
2)	5'8" but less than 5'-9"	2			
3)	5'9" but less than 5'-10"	3			
4)	5'10" but less than 5'-11"	4			
5)	5'11" and above	5			

## Physical Efficiency Test (Total Marks=25)

	Item	Grading of Marks				Item	Grading of Marks				
		Time	Marks	Marks awarded			Time	Marks	Marks awarded		
1	100 meters Race. Minimum qualifying time 14 seconds. ( only one attempt is allowed).	14 Seconds	2		2	800 meters Race. Minimum qualifying time. 2 Minutes 45 Seconds. ( only one attempt is allowed).	2.45 Minutes	2			
		13.5 Seconds	2 ½				2.40 Minutes	2 ½			
		13 Seconds	3				2.35 Minutes	3			
		12.5 Seconds	3 ½				2.30 Minutes	3 ½			
		12 Seconds	4				2.25 Minutes	4			
		11.5Seconds	5				2.20 Minutes	4 ½			
	<b>Total Marks-5</b>			Name and signature of the officer. Who awarded the marks.			<b>Total Marks-5</b>			Name and signature of the officer. Who awarded the marks.	
3	High Jump. 1.25 Metres ( Maximum three attempts at each level are allowed)	Height		Marks	Marks awarded	4	Broad jump 4 Metres ( Maximum three attempts are allowed)	Distance		Marks	Marks awarded
		1.25 Metres		2 ½				4 Metres		2	
		1.30 Metres		3				4.20 Metres		3	
		1.35 Metres		3 ½				4.41 Metres		4	
		1.40 Metres		4				4.60 Metres		5	
		1.45 Metres		4 ½				<b>Total Marks-5</b>			
	1.50 Metres		5		Name and signature of the officer, who awarded the marks						
Name and signature of the officer, who awarded the marks			Name and signature of the officer, who awarded the marks								
5	<b>Shot Put 7.275 Kgs. 5 metres ( Maximum three attempts are allowed) Total Marks=5</b>				<b>TOTAL MARKS OBTAINED IN PART-II I.E. FOR HEIGHT AND PHYSICAL EFFICIENCY =</b>						
	Grading of Marks				<b>PART-III</b>						
	Distance		Marks	Marks awarded		<b>I</b>		<b>MARKS FOR PARTICIPATION IN N.C.C AND SPORTS ( Maximum 5 Marks)</b>			
	5 Metres							Marks	Marks awarded		
	5 Metres		2			a.	N.C.C. "C" Certificate		2		
	5.50 Metres		2 ½			b.	N.C.C. "B" Certificate/s.S.B. training Certificate		1		
	6 Metres		3			c.	National level Certificate		3		
	6.50 Metres		3 ½			d.	State level sportsman		1		
	7 Metres		4			Name and signature of the officer, who awarded the marks					
	7.50 Metres		4 ½								
8 Metres		5									
Name and signature of the officer, who awarded the marks				Name and signature of the officer, who awarded the marks							
II		Marks for educational qualification ( maximum 10 Marks)					Marks awarded=				
Total marks obtained in Part=III i.e. for certificates and educational qualification=											
<b>PART-IV</b>											
I		Written test 45 Minutes		Total marks		Marks obtained					
ii		Personal Interview		40 Marks							
				15 marks							
<b>Grand Total (i.e. marks obtained in Part-II to IV</b>											
<b>Name and designation of Chairman and member of the Recruitment Board</b>											
1						Chairman		Signature			
2						Member					
3						Member					
4						Member					